

Javna zdravstvena ustanova
Univerzitetski klinički centar Tuzla
Klinika za psihijatriju

Tuzla, January 2018.god.



At Psychiatry Department in UCC Tuzka there is on going project:

Reconstruction of the Department for Child and Adolescent Psychiatry in Psychiatry Department University Clinical Centre Tuzla

According recommendations of Commission for following protection of human rights for persons with mental disorders in Bosnia and Herzegovina (No. 01/01-37-1978-1/14, March, 3th 2014.) protection of mental health of children and adolescents is one of priorities for Ministry of health in Federation Bosnia and Herzegovina (additional report required 01-37-7980/15 in December 21st, 2015.god.

Children and adolescent in Tuzla Canton, which is the biggest canton in Bosnia and Herzegovina with 500 000 inhabitants, have **no child and adolescent psychiatry department yet, so they have to be treated in the same department with adult psychiatry patients.** That situation is additionally stressful for them, some of them refuse to seek psychiatric help, they are afraid of stigmatization, suffer in the silence, and it could be one of reasons why we have increase of teenage suicide in last few months.

Post-war situation influence badly on children and adolescent mental health: parents, especially fathers who were ex soldiers and have post-traumatic stress symptoms, have less emotionally capacity to interfere with their children. Poverty, unemployment and social insecurity influence bad on all family members, especially young ones, who are the most vulnerable group.

According to the reports made by national Public Health institution of Bosnia and Herzegovina the level of mental health morbidity among children and adolescent (aged 7 to 19) in 2005 was 38/10000, and in 2013 it was 44/10000

In last ten years, there is a constant increase of children and adolescents who are seeking for psychiatric aid in our CAP Department. The most of them are treated of neurotic and stress connected disorders (31%), then those with behavioural and emotional disturbances which start in childhood (21%), children with intellectual developmental disabilities and autistic spectrum disorder (20%). Majority of the children are in the age of 7 to 12 (34%) and 12 to 15 (26%). Treatment of child considered treatment of all family.

(Table 1). Number of children and adolescents treated in Psychiatry department UCC Tuzla from 2005. to 2017.

year	No children aged 0 to 6	No children and adolescents aged 7 to 19	total
2005.	16	261	277
2010.	20	362	382
2015.	25	496	521
2016	74	701	775
2017	123	892	1015

Sometimes we have a situation that children and adolescents should be held in our adult psychiatry department because they are suicidal, psychotic or have aggressive behaviour toward others. It is always very risk and increase possibility for other unpleasant incidental situations, and it is additionally stressful for minors and their parents. Some of children and

adolescents are transferred to specialised departments in Sarajevo and Banja Luka, and that keep them away of their families who are important factor for their mental health state.

Opening of such specialised unit at Psychiatry department would solve this problem for a long time period for Tuzla Canton and surrounding area (Brčko District, Posavina Canton...)

Psychiatric intervention done in the early developmental stages could provide intervention on time, and stop in development of more difficult psychiatric disturbances for the life time (addiction, delinquency, emotional problem, suicide). It is going to be a part of trans-disciplinar medical and social system for prevention, intervention and re socialisation of children and adolescents with mental health disturbances.

Modern institution would decrease stigmatisation and avoidance of psychiatric and psychotherapeutic treatment, what would decrease suffer of child and it's family.

At Psychiatry department Tuzla we already have a specialised and skilled team of two neuropsychiatric, sub- specialised in child and adolescent psychiatry, one special educator and one pedagogyst- psychologist, all trained in group psychotherapy.

This project represent capital investment which positively influence improvement of social standards for this vulnerable population.

Project of reconstruction is done by experienced Construction Bureau Ambijenta Tuzla and frame costs are about 300 000 Euros (600 000 BAM).

Head of Psychiatry Department UCC Tuzla

Prof Izet Pajević MD

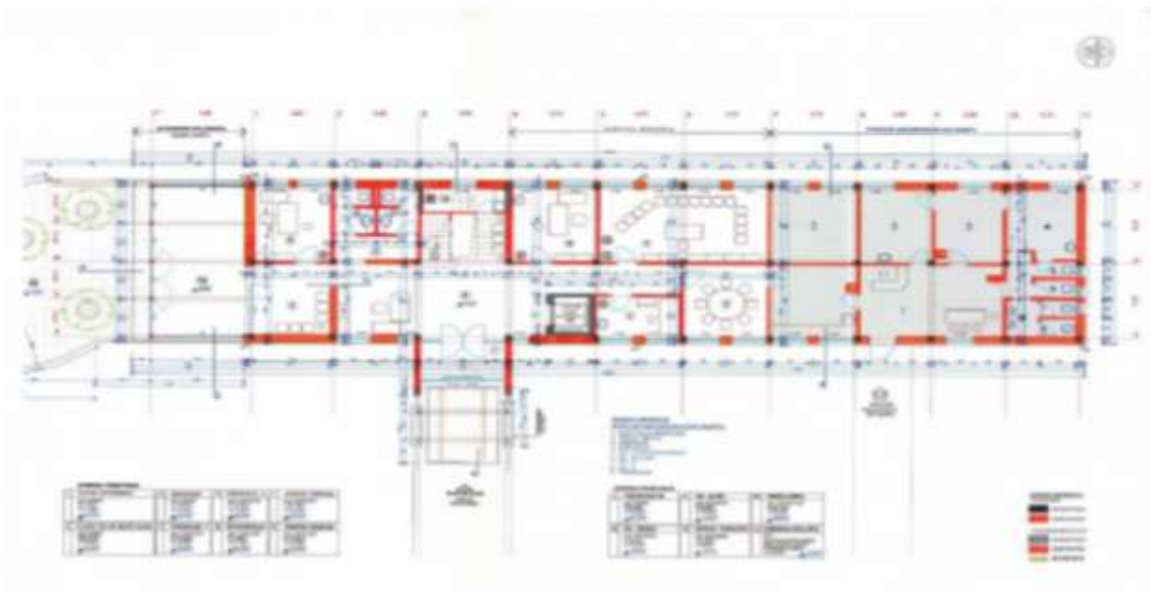


Picture 1. Current appearance of the building for reconstruction in Child and adolescent psychiatry department



Pictures 2 and 3.

3D appearance of the reconstructed building for CAP Department



Slika 4. Glavni projekat rekonstrukcije i dogradnje postojećeg objekta za potrebe Odjela dječije i adolescentne psihijatrije -Tlocrt prizemlja



Slika 5. Glavni projekat rekonstrukcije i dogradnje postojećeg objekta za potrebe Odjela dječije i adolescentne psihijatrije -Tlocrt sprata

Pictures 4 and 5.

Architecture project for the reconstruction.